

PLACES TO DONATE:

If you live in Illinois:

1. **Sexual Health and Abortion Providers:**

Toby's Fund has primarily relied on [Planned Parenthood Illinois](#) and [Family Planning Associates Illinois](#) to provide abortions for the McHenry County community. Both have multiple, accessible locations. There are other providers and we encourage a search of local resources. Also, consult the information page on Reproductive Health at the [Toby's Fund](#) website for a guide to Reproductive Health.

We DO NOT support of crisis pregnancy centers.

2. **Sexual Assault Assistance:** Toby's Fund endorses the work of [NWCASA](#) (the Northwest Center Against Sexual Assault) and [RAINN](#) (The Rape, Abuse & Incest National Network)

3. **Emergency Contraception.** Toby's Fund has long supported the work of [ASEC](#) (the American Society for Emergency Contraception). They are a national organization. Also, consult the information page at the [Toby's Fund](#) website for information

4. **Abortion Support:** [Midwest Access Coalition \(MAC\)](#) MAC provides assistance with support, housing, food, travel and more for those seeking abortion services. They are not confined to the Midwest.

If you live outside of Illinois: look to your local organizations:

1. Sexual Health and Abortion Providers:

There is a Planned Parenthood in every State. Find yours at:

<https://www.plannedparenthoodaction.org/> There are also other sexual health and abortion providers depending on your location. This requires a basic location search.

2. Sexual Assault Assistance: Also available in every state. RAINN (The Rape, Abuse & Incest National Network) connects victims and survivors with local resources. They also provides a lot of information on advocacy and aid. You can learn about RAINN or donate at:

<https://rainn.org/>

3. Intimate Partner Violence: The cases of intimate partner violence has also increased under this administration. The National Domestic Violence Hotline (at: <https://www.thehotline.org/>) provides help and a local directory.

4. Emergency Contraception. Toby's Fund has long supported the work of [ASEC](#) (the American Society for Emergency Contraception). They are a national organization.

5. Abortion Support: [Midwest Access Coalition \(MAC\)](#) MAC provides assistance with support, housing, food, travel and more for those seeking abortion services. They are not confined to the Midwest.

6. Community Food Banks: these can best be accessed with a basic location search

7. Shelter: Again, these can be best accessed with a basic location search. Be mindful that shelters for the unhoused usually have strict

rules about who is housed. Men are often segregated from women and children and wherever you donate will specify.

** We realize this is not a complete list. There is support out there and groups providing assistance that we have not noted.*